



## Act Now To Protect Your Heart

Don't wait for chest pain and other symptoms to warn you of trouble.

### FREE Heart CTs for EMS

Does heart disease or stroke run in your family?

Is your blood pressure or cholesterol high?

Do you have diabetes?

Are you overweight?

Do you smoke?



## Premier Health Heart CT

Heart attacks are the #1 cause of death of on-duty firefighters.\*

Now there's an easy way to find out if you have early or advanced heart disease – even with no symptoms – so you can take action to help protect your heart.

A Heart CT takes images of your heart's arteries to measure the amount of plaque buildup. Results can allow early detection and treatment of heart disease. All results are evaluated by a board-certified cardiologist and radiologist to give you a calcium score.

\*US Fire Administration

### Heart CTs will be held at the following locations:



Miami Valley Hospital South

June 7, 10, 14 and 17  
5 to 8 p.m.

June 19 from 8 to 11 a.m.

Atrium Medical Center

June 8, 9, 15 and 16  
5 to 8 p.m.

June 12 from 8 to 11 a.m.



To request an appointment, scan the QR code. A sign-up form is available at the end of the video.

150 spots are available.



We will contact you to schedule your appointment. Those with the most heart risk factors will be contacted first.

