

## **FREE Heart CTs for EMS**

Does heart disease or stroke run in your family?
Is your blood pressure or cholesterol high?
Do you have diabetes?
Are you overweight?
Do you smoke?



## Premier Health Heart CT

Heart attacks are the #1 cause of death of on-duty firefighters.\*

Now there's an easy way to find out if you have early or advanced heart disease – even with no symptoms – so you can take action to help protect your heart.

A Heart CT takes images of your heart's arteries to measure the amount of plaque buildup. Results can allow early detection and treatment of heart disease. All results are evaluated by a board-certified cardiologist and radiologist to give you a calcium score.

\*US Fire Administration

## Sept. 15, 17, 21, 23 and 25 8 a.m. – Noon

Additional times are available, including evenings. Ask the scheduler for more details.

To request an appointment, scan the QR code.

We will contact you to schedule your appointment. Those with the most heart risk factors will be scheduled first.



tinyurl.com/PHHCT2

## To watch what a Heart CT is for free CEs

(as previously aired – not required). Teams will close this class about the 1st of October.



tinyurl.com/PHP-Heart-CT



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