

Suicide Prevention Training (Online)

The Ohio School Safety Center (OSSC) and the Ohio Department of Mental Health and Addiction Services (OMHAS) are proud to offer virtual Question Persuade Refer (QPR) suicide prevention training for Ohio's schools and first responders. This instructor led course will take two hours to complete and will offer opportunities for discussion and Q&A. The course will be led by First Responder Liaison, Steve Click, from the Ohio Mental Health and Addiction Services Agency.

Mission of the training: To save lives and reduce suicidal behaviors by providing innovative, practical and proven suicide prevention training. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

Summary: QPR stands for Question, Persuade, and Refer — the three simple steps anyone can learn to help save a life from suicide.

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor.

Training Dates:

Wednesday, June 17, 2020 – 1:00 PM to 3:00 PM – <u>click here to register</u> Tuesday, July 14, 2020 – 10:00 AM to 3:00 PM – <u>click here to register</u> Thursday, August 6, 2020 – 1:00 PM to 3:00 PM – <u>click here to register</u>

To find additional trainings and events, visit the OSSC events page.