



First Responder Summit: Wellness, Self-Care and Resilience

August 26, 2020

Mike DeWine, Governor
Lori Criss, Director

8:00 – 8:10

Summit Open

State Fire Marshal Kevin Reardon

ODPS Director Tom Stickrath

ODRC Director Annette Chambers-Smith

OhioMHAS Director Lori Criss

8:10 – 8:20

Overview and Schedule

Kim Kehl, Trauma Informed Care Coordinator, OhioMHAS

Steve Click, First Responder Liaison, OhioMHAS

8:20 – 8:50

Keynote Presentation: Partnerships and Collaboration

EMA Director Sima Merick

8:50

Break

9:00 – 10:00

Immediate and Long-Term effects of Trauma on First Responders

Dr. Kate Chard, University of Cincinnati Stress Center/Cincinnati VA

10:00 – 11:00

Self-Care

Lt. Matt Parrish, Columbus Fire Department

11:00 – 12:00

Assisting the First Responder Family

Dr. Laurel Kiser, PhD, University of Maryland

Dr. Laura McArthur, PhD

Laura McGladrey

12:00 – 12:30

Lunch Break

12:30 – 1:30

Panel: Local Mental Health Resources: One Communities Story

David Ross and Steve Stone, Ashland County MHRB;

Lt. Scott Smart, Ashland County Sheriffs' Office

1:30 – 2:30

Panel: Building partnerships between First Responder Agencies and Mental Health

David Ross and Steve Stone, Ashland County Mental Health & Recovery Board

Lt. Matt Askea, Akron Fire Department

2:30 – 2:40

Break

2:40 – 4:00

Panel: Resilience – First Responders Stories

Trooper Nick Malo, OSHP (Retired)

Lt. Jay Compson, Westerville Fire Department

Communications Director Kelley Davidson, Grove City Police Department

Warden Lyneal Wainwright, Ohio Department of Corrections/Marion Correctional Institution

4:00 – 4:10

Closing Remarks

Dr. Cornell Lewis, Expanding Vision Ministry

4:10

Seminar Closing

Kim Kehl and Steve Click