

First Responder Summit: Wellness, Self-Care and Resilience

August 26, 2020 | 8a.m.-4p.m.



Topics will include:

- Immediate and Long-Term effects of trauma on First Responders
- Resilience
- Local mental health resources and partnerships
- Family issues
- Self-Care

There is no cost for attendance. You may register in advance if you have a State Fire Academy account or you can join us the day of the summit through the attached

First Responder Summit: Wellness, Self-Care, and Resilience - Morning Session

First Responder Summit: Wellness, Self-Care, and Resilience - Afternoon Session

If you have any questions, please contact Steve Click, First Responder Liaison, Ohio Mental Health & Addiction Services Steven.click@mha.ohio.gov 614-466-9938





First Responder Summit: Wellness, Self-Care and Resilience

August 26, 2020

Mike DeWine, Governor Lori Criss, Director

8:00 - 8:10	Summit Open
	State Fire Marshal Kevin Reardon
	ODPS Director Tom Stickrath
	ODRC Director Annette Chambers-Smith
	OhioMHAS Director Lori Criss
8:10 - 8:20	Overview and Schedule
	Kim Kehl, Trauma Informed Care Coordinator, OhioMHAS
	Steve Click, First Responder Liaison, OhioMHAS
8:20 – 8:50	Keynote Presentation: Partnerships and Collaboration
	EMA Director Sima Merick
8:50	Break
9:00 – 10:00	Immediate and Long-Term effects of Trauma on First Responders
9:00 – 10:00	Immediate and Long-Term effects of Trauma on First Responders Dr. Kate Chard, University of Cincinnati Stress Center/Cincinnati VA
9:00 – 10:00	
9:00 – 10:00 10:00 – 11:00	
	Dr. Kate Chard, University of Cincinnati Stress Center/Cincinnati VA
10:00 – 11:00	Dr. Kate Chard, University of Cincinnati Stress Center/Cincinnati VA Self-Care Lt. Matt Parrish, Columbus Fire Department
	Dr. Kate Chard, University of Cincinnati Stress Center/Cincinnati VA Self-Care Lt. Matt Parrish, Columbus Fire Department Assisting the First Responder Family
10:00 – 11:00	Dr. Kate Chard, University of Cincinnati Stress Center/Cincinnati VA Self-Care Lt. Matt Parrish, Columbus Fire Department Assisting the First Responder Family Dr. Laurel Kiser, PhD, University of Maryland
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10:00 - 11:00 11:00 - 12:00	Dr. Kate Chard, University of Cincinnati Stress Center/Cincinnati VA Self-Care Lt. Matt Parrish, Columbus Fire Department Assisting the First Responder Family Dr. Laurel Kiser, PhD, University of Maryland Dr. Laura McArthur, PhD Laura McGladrey
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Panel: Local Mental Health Resources: One Communities Story
David Ross and Steve Stone, Ashland County MHRB;
Lt. Scott Smart, Ashland County Sheriffs' Office
Panel: Building partnerships between First Responder Agencies and Mental Health
David Ross and Steve Stone, Ashland County Mental Health & Recovery Board
Lt. Matt Askea, Akron Fire Department
Break
Panel: Resilience – First Responders Stories
Trooper Nick Malo, OSHP (Retired)
Lt. Jay Compson, Westerville Fire Department
Communications Director Kelley Davidson, Grove City Police Department
Warden Lyneal Wainwright, Ohio Department of Corrections/Marion Correctional Institution
Closing Remarks
Dr. Cornell Lewis, Expanding Vision Ministry
Seminar Closing
Kim Kehl and Steve Click