

 **Dayton MMRS Public Health GMVEMSC**

 **Dayton & Montgomery County**

**Employee COVID-19 Exposure Flowchart**

How do I…

**Quarantine**

* Stay home for 14 days
* Avoid contact with other people
* Don’t share household items
* More information can be obtained from your local health department

 **Self-Monitor**

* Be alert for onset of symptoms
* Take your temperature twice daily
* Call your medical care provider if you develop COVID-19 symptoms

Employee Responsibilities

Wear facial coverings when around others, maintain social distancing, and wash hands frequently

Continue to adhere to CDC guidance and recommendations:

<https://www.cdc.gov/coronavirus/2019-ncov/>

Report out-of-state travel to supervisors

STAY HOME IF YOU ARE SICK!

10-day isolation & 24-hours fever-free and symptoms improving

COVID-19 Symptoms

Fever (>100.4) or chills

New Cough/Shortness of Breath

Fatigue/Muscle or Body Aches

Headache/Sore Throat

Loss of Taste or Smell

Congestion or Runny Nose

Nausea/Vomiting/Diarrhea

(Loose stools three or more times in one day)

**See reverse for additional information/guidance**

**Quarantine for 14 Days**

**Self-monitor AND practice social distancing.**

 **May remain at work**

**A person who is ill but hasn’t tested positive for COVID-19?**

**A person who might have been exposed to COVID-19?**

**A person who tested positive for COVID-19?**

**Employee COVID-19 Exposure Guidance**

**What steps should take place to ensure workplace sanitation and contact notification?**

1. Notify your supervisor and local health department regarding any employee who has tested positive for COVID-19. Include employee name, last day worked, date of symptom onset, contact information, and county of residence.
2. Implement sanitation protocols upon notification. The individual workspace/equipment should be vacated for sanitation and disinfecting.
3. The COVID-19-positive employee should provide names of employees with whom they had **close contact** (see #5 below) to their supervisor and the local health department.
4. Public Health will handle contact tracing and notification following a positive test result.

**What to do if someone in the workplace develops symptoms of COVID-19**

1. Any person with new onset of illness or **any** symptoms (even one) of COVID-19 should be sent home immediately, should **isolate**, and should seek medical advice regarding COVID-19 testing.
2. Employees with COVID-19-related symptoms or whose medical provider has made a presumptive diagnosis of COVID-19 should **isolate** at home, and remain at a distance from others for a minimum of 10 days. Must have no fever (without use of fever-reducing medication) for the last 24 hours and improvement of symptoms prior to returning to work. A person who has been ill is unlikely to transmit the virus to others after 10 days and 24-hours of improving symptoms.
3. Employees who voluntarily seek a COVID-19 test ***who do not have COVID-19 symptoms or a diagnosis of COVID-19 by a medical provider*** do not need to **isolate** or **quarantine** unless they receive a positive test result. At that point they would need to remain off work for 10 days from the date of the test (not the date of the result).
4. Employees whose physicians have provided an alternative more likely diagnosis (e.g., migraine, allergies, urinary tract infection) may return to work sooner than the 10-day isolation.
5. Employees who had **close contact** (CDC has changed the definition of **close contact** to spending a cumulative time of 15 minutes within six feet of a COVID-19 positive person over a 24-hour period) are considered to have been directly exposed and should **quarantine** for 14 days. It may take up to 14 days after exposure to become sick.
6. Employees entering Ohio after travel to states reporting positive testing rates of 15% or higher for COVID-19 are advised to **quarantine** for 14 days, depending on the risk levels associated with the employee’s trip and activities.