**COVID-19 Personnel Exposure Flowchart**

**Consider identifying a contact in your agency to whom personnel can go with questions**

**See reverse for additional information**

**Responsibilities of ALL Personnel**

**Wear a well-fitting, high-quality mask when around others, maintain social distancing, wash hands often**

**Continue to adhere to CDC guidance and recommendations:** [**https://www.cdc.gov/coronavirus/2019-ncov/**](https://www.cdc.gov/coronavirus/2019-ncov/)

**IF YOU ARE SICK OR TEST POSITIVE FOR COVID, STAY HOME!**

**COVID-19 Symptoms**

**Fever (>100.4) or Chills**

**New Cough/Shortness of Breath**

**Fatigue/Muscle or Body Aches**

**Headache/Sore Throat**

**New Loss of Taste or Smell**

**Congestion or Runny Nose**

**Nausea/Vomiting/Diarrhea**

**(loose stools three or more times in one day)**

**Close contact is within six feet of a person for more than fifteen minutes (cumulative) over a 24-hour period**

**If I’ve been in close contact with a person who has COVID-19, do I need to Quarantine?**

**I’ve been in close contact with person who might have been exposed to COVID-19,**

**do I need to Quarantine?**

**If not fully vaccinated and boosted: Quarantine for 5 full days, then wear a mask for 5 more days. Test on day 5 after exposure if feasible**

**If fully vaccinated and boosted, or not yet eligible for boosting: No need for Quarantine. Wear mask for 10 days. Test on day 5 if feasible**

**No need for Quarantine**

**Self-Monitor AND Practice Social Distancing**

**May remain at work**

**Call your medical care provider if you develop symptoms of COVID-19**

**Isolation for minimum of 5 full days (120 hours after test or symptoms)**

**After isolating for 5 full days, if you have no fever and other symptoms are improving, you may return to work but wear a mask for at least five more days**

**You must stay home until you have no fever (without the use of medications such as aspirin, Tylenol, or Motrin)**

**How do I…**

**Quarantine**

* **Stay home and away from other people for 5 full days (120 hours after exposure)**
* **Don’t share household items**
* **Diligently wear a mask for 5 more days whenever around any other people**

**How do I…**

**Self-Monitor**

* **Be alert for onset of symptoms**
* **Take your temperature twice daily**
* **Call your medical care provider if you develop COVID-19 symptoms**

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 **Dayton MMRS GMVEMSC**

**What steps should take place to ensure workplace sanitation, contact notification, and quarantine?**

1. Notify your supervisor and Public Health in your county of each positive case; Public Health will handle contact tracing and notification following a positive test result
2. Implement appropriate sanitation protocols
3. The COVID-19 positive individual should provide names of personnel with whom they had close contact in the past 48 hours to their supervisor
4. Personnel who voluntarily seek a COVID-19 test ***who do not have COVID-19 symptoms or a diagnosis of COVID-19 by a medical provider*** do not need to self-isolate unless they receive a positive test result, at which point they would need to remain off work for 5 days from the date of the test (not the date of the result)
5. Personnel who had close contact are considered to have been directly exposed. ***If not fully vaccinated and boosted,*** they must **quarantine** at home for 5 full days (120 hours after exposure) and must be even more diligent about wearing a high-quality mask for at least five more days on their return.
	* Close contact is defined as spending more than 15 minutes (cumulative) in 24 hours within six feet of a person with a probability of COVID-19, or who has received a positive test, or contact with the person within 48-hours before symptoms/positive test
6. Personnel with close contact do not need to quarantine if they meet **all** of the following criteria, but must wear a mask for ten days:
	* Have tested COVID positive **within the last three months** and remained asymptomatic
		+ **or** are fully vaccinated (i.e., ≥2 weeks following receipt of the second dose in a 2-dose series, or ≥2 weeks following receipt of one dose of a single-dose vaccine), ***and have received the booster or are not yet eligible for boosting***, **and**
	* Have provided testing or vaccination documentation to your supervisor
7. Personnel with close contact should test after five days if feasible. If the person tests positive, they would immediately enter isolation (as below)
8. Public safety personnel are health care providers (HCPs) and do not need to quarantine after close contact if they were wearing all appropriate PPE

**What to do if someone in the workplace develops symptoms of COVID-19**

1. Any person with new onset of illness or **any** symptoms (even one) of COVID-19, including individuals who have been vaccinated, should be sent home immediately, should isolate, and should seek medical advice regarding COVID-19
2. Personnel with COVID-19-related symptoms or whose medical provider has made a presumptive diagnosis of COVID-19 should isolate at home and remain at a distance from others for a minimum of 5 full days (120 hours after positive test or onset of symptoms)
	* Must have no fever (without the use of fever-reducing medication) for the last 24 hours and improvement in other symptoms before returning to work and must be even more diligent than usual about wearing a high-quality mask for at least five more days
3. **If a person in isolation develops symptoms after being tested, they may not return until after 5 full days past the development of symptoms**
4. Personnel whose physicians have provided an alternative more likely diagnosis (e.g., migraine) may return to work sooner than the 5-day isolation