

# Sleep Deprivation in Public Safety

## The Impact of Sleep Deprivation on First Responders

Join us for an informative session that will equip you with the knowledge and tools to combat sleep deprivation and enhance your operational effectiveness and health.

### Speaker:

*Dr. Stephen James,  
Professor  
Washington State University  
Sleep and Performance  
Research Center*

**THURSDAY**  
**August**  
**7, 2024**

Dayton FOP  
4275 Powell Road  
Dayton, Ohio 45424

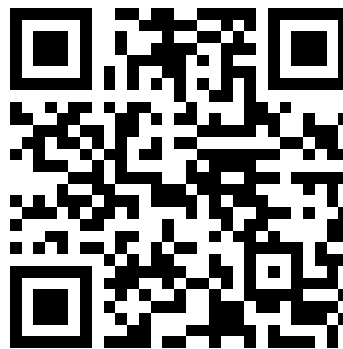
Morning Session: 8:00 – 10:00 am  
1<sup>st</sup> Afternoon Session: 1:00 – 3:00 pm  
2<sup>nd</sup> Afternoon Session: 3:00 – 5:00 pm

### Who Should Attend?

Police Officers  
Firefighters  
Paramedics & Emergency  
Medical Technicians  
Dispatchers, First Responders,  
&  
Public Safety Professionals

### Registration:

<https://evenium.events/eb5xcqet?>



Sponsored by:



Dayton FOP