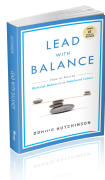




WORK-LIFE BALANCE WORKSHOP

Educate and Facilitate Change

Reflect, Reset, and Rebalance are the keys to making effective changes in our work-life balance (WLB) struggles. Dr. Donnie Hutchinson has presented at the annual IAFF/ALTS Educational conferences and has taken hundreds of fire fighters through a journey to discover their WLB struggles. Next, he helps you discover ways to **Reset**, and then helps you build a plan to **Rebalance**. He finishes with an e-learning and **personal coaching** opportunity for those who want a steady hand to help change.



DONNIE
hutchinson



**IAFF/ALTS WORK-
LIFE BALANCE
SPEAKER 2017 &
2018**

**RESEARCHER ON
WORK-LIFE BALANCE
ISSUES WITH FIRE
FIGHTERS**

**TEACHES AT
UNIVERSITY OF
DAYTON**

**AUTHOR OF TWO
BOOKS ON WLB**

DONNIE HUTCHINSON

937-510-8960

www.donniehutchinson.com