Work/Life Balance

(8:00am – 10:00am on January 26, 2017)

The number of attendees for this workshop was 99 with 62 submitted evaluations.

Overall Instruction Effectiveness by Instructor and Count

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Donnie Hutchinson	41	18	1	0	2

Evaluation Questions by Percentage

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The length of the workshop	track was appro	priate for the	material cove	ered.	
Percentage	50	35.48	8.06	3.23	3.23
The information presented	in the track was	useful and inf	formative.		
Percentage	61.29	32.26	3.23	0	3.23
The workshop track provided opportunities to practice new knowledge and skills.					
Percentage	61.29	25.81	9.68	0	3.23
I will be able to utilize the information presented in the workshop track when I return to my local.					
Percentage	61.29	29.03	6.45	0	3.23
Overall the workshop track	was effective.				
Percentage	64.52	29.03	3.23	0	3.23

Work/Life Balance

(Continued)

Evaluation on the Strengths/Areas for Improvement of Instructors

Comments

Awesome lecture. Helped reflect on current life and need to make changes to rebalance life. ??

Best session attended. Insightful and engaging.

biggest issue to me is that it is hard to hear how to balance work and life as a firefighter from somebody who hasn't done the job. Lots of nuances of the job place demands on us that are hard to relate to if you aren't a firefighter.

Class needs to be longer

Did a great job

Eye opening tools provided. Thank you!

Good information with some decent takeaways. It will get better over time when the instructor learns more about our culture.

great class! I will be looking into bring Donnie in to speak to our local.

Great class!!! Much benefited from this course!

Great class, best of ALTS

great class. This could benefit all firefighters to balance home and work life.

Great class. This is a class that everyone needs, especially with the need with for firefighter mental health awareness and support.

great class. very interactive. could definitely be a longer class

Great course. Very relevant information for the fire service.

Great speaker! Learned a lot of useful information from this session that I can take back.

Honestly a waste of time. I'm not sure what the actual point was of this class. 2 hours is entirely too long. The information can be covered in about 20 mins.

I don't know what was tying to be taught or presented in the class. Learned nothing new outside of common sense.

In some cases classes taught to firemen by people who are not in public safety is a waste of time...... This Instructor connected with the group very well and gave very useful information and tools for life

It would be nice to have the session be a bit longer to expand more into the topic. Very informative and relative to myself, IAFF officers and the fire service in general.

Listening to Donnie speak on his experiences with a work/life balance was very productive. I will be taking his points and knowledge home for both my membership and personal life.

Made a good connection between our high stress job and our particular issues.

More classes like this should be stressed

More time for class

One of the best presentations I've participated in!

Phenomenal session. Donnie was great, not only with presentation, but with student interaction.

Class can go 3 hours, possibly 4. Will definitely seek additional guidance from him.

PowerPoint attachment not updated to reflect PowerPoint used in class.

Work/Life Balance

(Continued)

Evaluation on the Strengths/Areas for Improvement of Instructors

Comments

Priorities

This class was very good. It really makes you stop and think about life! Donnie is very easy to talk to and encouraged class participation which came easy with him.

This has been one of the best classes I have ever taken at a union function I've been to ALTS 4 times. Been union leadership for 12 years. Various and multiple conferences. This should be a required class for all members. Can we get this on a video and sent out to membership?

This topic is as important as the cancer and behavioral health. In fact it intertwined with those other topics. The instructor was great and his teaching style was very conducive to the topic and IAFF members

Unreal instructor

Very interactive instructor that was focused on delivering what the group needed. Very well done

Work/Life Balance

(2:00pm – 4:00pm on January 26, 2017)

The number of attendees for this workshop was 99 with 43 submitted evaluations.

Overall Instruction Effectiveness by Instructor and Count

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Donnie Hutchinson	21	19	3	0	0

Evaluation Questions by Percentage

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The length of the workshop	track was appro	priate for the	material cove	ered.	
Percentage	41.86	46.51	9.3	2.33	0
The information presented i	in the track was	useful and inf	formative.		
Percentage	46.51	46.51	6.98	0	0
The workshop track provided opportunities to practice new knowledge and skills.					
Percentage	46.51	44.19	9.3	0	0
I will be able to utilize the information presented in the workshop track when I return to my local.					
Percentage	44.19	46.51	9.3	0	0
Overall the workshop track	was effective.				
Percentage	41.86	51.16	6.98	0	0

Work/Life Balance

(Continued)

Evaluation on the Strengths/Areas for Improvement of Instructors

Comments
Amazing class. Every quality you need in a class
Great class
Great idea, should continue to grow on this idea
Great information to use and share.
Great information. Brought things into perspective.
Great new class
Great session
Great session that reinforces what we should already know. Good tune up to put things back in
perspecticr
I didn't really get anything out of it
Need an additional instructor from the fire service to relate to our culture.
Nice class
This class might need more time
This would be a good course to expand into a couple of sessions.

Very good info. Nice to have to past on to our members Very great class about putting things in perspective.

Wish I'd had the class years ago.